Recognize suspicious emails

• Pause when a message pressures you to act quickly.

• Check the full sender address, even when the display name looks familiar.

• Reach the organization through its app or a website you already know.

• Avoid unexpected attachments and sign-in links.

• A polished message can still be fraudulent.

• If you shared account access, use the provider's official recovery process and tell the affected organization.

General guidance. Stop and ask for help if a step is unclear.

Prepared November 24, 2026. Source and further reading: https://www.getcybersafe.gc.ca/en/resources/7-red-flags-phishing

Questions? Describe your goal at onlinetechnicalhelp.com. Scope and price are agreed before paid work.